

# Corporate venue hire

Transform Sauna & Plunge into your brand's immersive stage. With full venue access, flexible styling, and the freedom to curate your own catering, production, and guest journey, our corporate takeover package provides a refined blank canvas for product launches, press events, and high-impact brand activations — all set within a distinctive wellness environment designed to leave a lasting impression.

- ✓ Full branded venue takeover
- ✓ Custom layouts and supplier freedom
- ✓ Ideal for launches and activations



SAUNA&PLUNGE



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[+44 7943 874030](tel:+447943874030)



Website  
[www.saunaandplunge.life](http://www.saunaandplunge.life)



# Corporate venue rental

4 hour branded hire

- Recommended maximum capacity: **30+ guests**
- **Exclusive** use of the entire venue for full brand takeover
- **Extended** access window (4 hours for set up and take down)
- **Blank canvas layout** for product launches, press events, or brand storytelling
- **Brand welcome** moment at reception
- Freedom to bring in your **own catering & beverage partners**
- **External vendors permitted** (PR, styling, production, media teams)
- **Custom floorplan support** & pre-event walkthrough with dedicated **onsite event team lead**
- Social media ready wellness backdrop (sauna + plunge aesthetic)
- **In-house sound system** for custom music
- **Power access for AV + production equipment**
- **Optional add ons;** Studio teachers, Food & beverage, Photographer, videographer

**Off Peak:** £2200 + VAT  
**Weekdays** 10am - 4pm

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**Peak:** £3000 + VAT  
**Weekdays** 6.30am - 10am & 4pm-8pm  
**Weekends** 8am-7pm

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50% deposit refundable if cancelled 30+ days before event. Remaining 50% due within 30 days of event. Non-refundable within 30 days of event

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For bookings or enquiries, please contact our team at [events@saunaandplunge.life](mailto:events@saunaandplunge.life) . We are here to ensure every detail of your event runs seamlessly, and will gladly assist with any arrangements you may need. A range of bespoke add-ons can also be curated upon request, allowing you to shape a truly unique and memorable experience